

We may know what to expect when expecting – but do we know....

What to Expect When You're Least Expecting?

**What Parents Need to Believe to Navigate Teen's
Transition From Adolescence to Adulthood**

Presented By
Tim Ives

Tuesday January 29 7 pm

**Scarborough Presbyterian Church,
655 Scarborough Road
(Rt 9 and Scarborough Rd.)
Briarcliff Manor, New York 10510
Fellowship Hall**

The teen years can be challenging for kids and parents alike. The pressures of growing up, leaving home, coupled with these uncertain times can create even greater anxiety for all involved. How can parents help ease teen anxiety (and their own) about their pending adulthood, while enabling them with the confidence and safe harbor they need to become independent, responsible and successful young adults?

This informative presentation, led by Tim Ives, Pastor of Scarborough Church, New York State Licensed Psychoanalyst, and President of the Westchester Institute for Training in Psychoanalysis and Psychotherapy will help parents anticipate and navigate the challenges associated with their children's transition to adulthood and their own transition to life after children.



A presentation of Scarborough Presbyterian Church and

The Westchester Institute for Training in Psychoanalysis and Psychotherapy

This Presentation is Free and Nonsectarian (appropriate for all faith backgrounds)

For more information call 914-645-1482